

# THE NEBIT HILL CHALLENGE 2022

## BACK BY POPULAR DEMAND

On **Sunday 30<sup>th</sup> October**, The Rotary Club of Alloa (RCA) is once again organising a sponsored hill walking challenge to enable anyone interested to take the opportunity to connect with their local environment, take part in an interesting activity and raise funds for their club/venture.

## THE WALK AND ADDITIONAL ROUTE

The walk starts from Hillfoots Rugby Club, Tillicoultry to the Beacon on the Nebit, a height of some 250 metres and a total round trip of about 8km (5miles), for much of the route you will follow a path or track. The entire route will be risk assessed by RCA. The walk should take between 2-3 hours to complete for recreational walkers.

An additional route for those who wish a greater challenge can continue their walk from the Beacon to the Nebit summit at a height of over 400 metres and a total round trip of 10km (6 miles) and should take approximately 3-4 hours to complete for recreational walkers.

## RAISING FUNDS

The Rotary Club of Alloa is facilitating and will steward the event. We ask that you register your participation at [www.tourdeclacks.com/enter.html](http://www.tourdeclacks.com/enter.html) and pay a £5 entry fee. You may raise funds for your own organisation in any way you wish, sponsorship forms are available for download at the event website [www.tourdeclacks.com](http://www.tourdeclacks.com). RCA will supply the necessary fundraising materials along with information to help prepare people to complete the challenge.

## START AND FINISH TIMES

Walkers can set off at any time between 9.30am and 11.00am. **No walkers will be allowed to start after 11.00am.**

Walkers are asked to check-in at the Registration Tent based in Hillfoots Rugby Club. Each walker will be given a registration wrist band which will be verified at the Beacon and Summit (if applicable) by the stewards.

## STEWARDING

The walk will be stewarded throughout to ensure no one gets lost or strays from the route. The **Ochils Mountain Rescue Team**, although not directly involved, will be in the vicinity. Ample mobile communications will ensure speedy response in the event of anyone requiring assistance.

## YOUNG WALKERS

Any young person under 16 years of age **MUST** be supervised and accompanied by a responsible adult **AT ALL TIMES**. They will not be allowed on the hill otherwise.

## REFRESHMENTS

Water will be available along the route.

## AFTER THE WALK

BBQ refreshments will be available in the tent at Hillfoots Rugby Club. You may wish to give an additional donation for your burger. This will be a great opportunity to relax and reminisce about the event.

To register interest or for more information please email Scott:

**[nebitwalk@gmail.com](mailto:nebitwalk@gmail.com)**